

ALPHA FITNESS
LITTLE ALPHAS CHILD WATCH AGREEMENT

THIS AGREEMENT, dated _____, is made between the **Member**:

_____,
referred to as “**Member**,” “**Parent**,” “**You**,” and “**Your**,” and **Alpha Fitness**, whose address is **2 East Clinton Street, Newton, New Jersey 07860** referred to as the “**GYM**.”

Member understands and agrees to the following terms and conditions of leaving Member’s child (and/or children) in the care of the Gym’s Little Alphas Child Watch, as follows:

1. The maximum stay for children is one (1) hour.
2. Member must check in and sign in their child with the Gym’s Child Watch Supervisor before member drops off child in the Little Alphas room. Member must also check out and sign out their child with the Gym’s Child Watch Supervisor when picking them up to leave the Little Alphas room.
3. A child will not be allowed entry without their parent. Only the parent or legal guardian may drop off/pick up children in the Little Alpha’s Child Watch. Legal guardians will be asked to show proof of legal guardianship.
4. Little Alphas Child Watch is available to children ages 6 months-12 years: Parent must complete Registration Form and provide Birth Certificate as proof of child. Parent must be on the premises during the duration of the child being in the gym.
5. Child watch is only available to children while parents are inside the Gym. Parents may not drop their children off and leave the Gym.

6. Children with fevers, upset stomachs, contagious illness or disease, diarrhea or upper respiratory infections will not be permitted in the Little Alphas room.
7. The decision to send an ill child home is at the discretion of the Gym's Child Watch Supervisor.
8. Please feel free to check on your child at any time.
9. Please inform the staff of any special needs your child may have.
10. No food, or outside toys will be permitted in the Little Alphas room.
11. Bottles, diaper bags, pacifiers, etc. should not be brought into the Little Alphas room. Please keep child's belongings with your own.
12. Child care fees must be paid when your child is dropped off.
13. Diaper changing and all supplies are the responsibility of the parent. Please be aware that the gym staff is not responsible for diaper changes. If a child needs to be changed, his/her parent will be called upon by Gym staff. Children who are being potty-trained must wear training pants in the Little Alphas room.
14. Children of all ages must be accompanied to the bathroom by the parent. Gym staff will come get you if your child needs to go to the bathroom.
15. Children must have proper sneakers or sandals on at all times.
16. Children are not allowed to open the door. The door is only to be opened by the Gym's Child Watch Supervisor for drop off/pick up.
17. Children must sit in chairs the correct way or they may stand during activities.
18. If your child is crying or misbehaving for extended periods, the Child Watch Supervisor will call you to comfort or discipline your child. Misbehaving in any form is unacceptable and will result in 3 verbal warnings and then an immediate

time out. If behavior continues after time out, employee will get parent and child must leave for the day. If better behavior does not occur, the child cannot come back for a few days or longer depending on the severity of the situation. If behavior does not change, a longer period of time away will be given.

19. Children are not allowed to sit, stand, or crawl on the table.
20. Children should use “inside voices.” No screaming or yelling.
21. When there is an incident between children, the Gym’s Child Watch Supervisor will advise both parents immediately and then again when picking up child. Thereafter, the childrens’ parents must sign the incident form indicating they were notified.
22. Children must be at least 6 months old to be left in the Little Alphas Child Watch.
23. When bringing your child for the first time, you will be asked to complete a Registration Form and produce a copy of the child’s birth certificate.
24. Member must check in at the Front Desk prior to proceeding to the Little Alphas Child Watch.
25. Please make payment with the Gym’s Child Watch Supervisor.
26. The Gym is not responsible for accidental injuries and/or loss or damage to personal property while children are in the Little Alphas Child Watch.
27. For insurance purposes, children are not allowed in the exercise areas.
28. Emergencies: You will be contacted immediately in case of an emergency involving your child. Parents must remain on the gym premises while their children are in the Little Alphas Child Watch.

29. All terms and conditions of the Member's original Agreement with the Gym still apply and remain in full force and effect.

Agreed to and accepted by:

Member:

Gym:

Print Name: _____

Date: _____